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Foodie Guide To Brussels: Local Tips For Restaurants, Shops, Hotels, And Activities



LOCAL TIPS FOR RESTAURANTS,
SHOPS, HOTELS, AND ACTIVITIES

FOODIE GUIDE TO BRUSSELS

ALISON CORNFORD-MATHESON



Synopsis

With the Foodie Guide to Brussels in your hand, you'll explore the city's rich gastronomic tapestry like a local and see a side of foodie Brussels few tourists experience. You've already heard of Belgian beer, waffles, and chocolate. But you may not know Belgium is a secret foodie heaven, with more Michelin stars per capita than France and the entire globe of world cuisines available - and Brussels is at the heart of it all. Travel writer and photographer, Alison Cornford-Matheson, spent 11 years tasting her way through this gourmet city and shares her favourite restaurants, bars, hotels, shops, and activities for foodies with you. The Foodie Guide to Brussels will:

- Teach you about Belgium's most loved traditional dishes, and tell you where to eat them
- Show you where the locals buy beer, chocolate, waffles, and fries - so you won't be charged tourist-trap prices
- Share the city's top restaurants - from the Michelin Stars to the best cheap eats and everything in between
- Tell you what to do between meals in Brussels, including the best museums, tours, and classes for foodies
- Share Brussels' best foodie shops and markets for everything from the freshest local products to the latest foodie gadget
- List the very best hotels for foodies, with excellent restaurants and proximity to the city's foodie highlights
- Guide you through the perfect foodie day in Brussels
- Offer tips on language, tipping, and other restaurant etiquette and tell you the places you should avoid
- What you won't find in this guide: This is not an overview of everything to do in Brussels. If you're looking for a list of every restaurant, museum, and cooking shop in Brussels, with star-ratings or long-winded menu descriptions, this guide is not for you. If you want the latest flash-in-the-pan, trendy eatery, you won't find it here, unless it has genuine staying power.
- This guide is for you - If you love delicious local food, menus that change with the seasons and availability of fresh, local produce, dining without another tourist in sight, and you want insider tips so you can make the best decisions about how you want to spend your time (and caloric intake) in Brussels.

Included Free Resources:

- A detailed Google Map of all locations listed in this guide
- The Top 10 Things to Do in Belgium ebook
- Our Favourite Food Blogs for Brussels
- Sneak-peeks and updates on all of our upcoming guides to Belgium and beyond

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Customer Reviews

I first came to Brussels for something other than food. When I discovered the great food there, I made it a point to return...again and again. This quirky little country is a foodie paradise, and this guide gives you the insider scoop on how to enjoy it best. Don't do the generic food tour thing. Take this advice and taste your way through Belgium on your own. You won't regret it.

This is a book that perhaps promises more than it delivers. It is a very limited and personal 'foodie' guide to Brussels. Having lived here in Brussels for five years, I would not claim to have a comprehensive knowledge of the restaurant/cafe/food scene but from my experience I could find plenty to add.

A must for every foodie in Brussels and an enjoyable read from cover to cover. My favourite afternoon in Brussels was spent at Dandoy eating waffles and people watching from their summer patio seating. Wine lovers will also love Etiquette and their innovative automated wine-by-the-glass dispensers. Filled with recommendations to take you away from the tourist traps and offers great options to eating well and deliciously among the locals at every price point.

This is more than just a restaurant directory. Alison doesn't only tell you where to go for all kinds of

foods (international, budget, Michelin stars...), but also what to eat if you want to eat real Belgian food. The different categories she uses make the book a real reference that you can easily flip open when you want a quick but good tip for a delicious night out or a fun lunch. I know I'll be using this book next time I go to Brussels!

Having this guide, back when I lived in Belgium, would have been a huge help. I can find places to eat online but having an insider's tip is worth gold. I only wish one existed for every city in the world. I am not interested in the touristy restaurants that are usually overpriced and boring. I want to know where the locals eat and pay local prices. One thing is sure, I will never go back to Brussels without this guide in my backpack.

The book is both, extensive and detailed at the same time. It is a 'must have' for people visiting Brussels and also for people residing in Brussels. The book gives an in-depth insight into Belgian cuisine, places to eat in Brussels and also 'where not to eat in Brussels'. The writing is lucid and informative, yet engaging, with a sprinkling of humor.

This is exactly the kind of guide you want to have when visiting a new place. The humorous, light tone makes it very enjoyable, and it's a happy mix of "enjoy your fries on a bench" and Michelin star dishes. Knowing where one can find traditional home cooking and upscale, trendy meals is one thing, but also knowing what exactly you should order in these locations is key. I find myself now very much wanting to hop on a plane. A must read for foodies, travelers, and dreamers alike.

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